

# AREA OFFICE ON AGING OF NORTHWESTERN OHIO, INC.

MAY 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>5/2/2022</b> <b>Vegetarian Chili</b> OR <b>Beef Chili</b> Baked Potato Green Peas Cornbread Pineapple Tidbits Milk Margarine Sour Cream Diet - Same	<b>5/3/2022</b> <b>BBQ Pork Rib Pattv</b> OR <b>Hamburger Pattv</b> Macaroni and Cheese Glazed Carrots Hamburger Bun Fruit Cocktail Milk Diet - Same	<b>5/4/2022</b> <b>Parmesan Chicken</b> OR <b>Beef Italiano</b> Rotini and Tomatoes Broccoli Wheat Bread Peanut Butter Cookie Milk Margarine Diet - Vanilla Wafers	<b>5/5/2022</b> <b>Turkey Breast with Gravy</b> OR <b>Swiss Steak</b> Country Potatoes Green Beans Wheat Roll Strawberry Fluff Milk Margarine Diet - Fruited Gelatin	<b>5/6/2022</b> <b>~Mother's Day Meal~</b> <b>Garlic Rosemary Chicken</b> OR <b>Roast Beef/Gravy</b> Country Potatoes Brussel Sprouts Wheat Bread Pineapple Cake Milk Margarine Diet - Angel Food Cake
<b>5/9/2022</b> <b>Meatballs with Gravy</b> OR <b>Mushroom Chicken</b> Garlic Rotini Summer Vegetables Wheat Bread Mixed Fruit Milk Margarine Diet - Same	<b>5/10/2022</b> <b>Taco Meat</b> OR <b>Taco Chicken</b> Shredded Cheese Lettuce and Tomato Mexican Rice Mixed Beans Flour Tortilla Fresh Orange Milk Sour Cream   Taco Sauce	<b>5/11/2022</b> <b>Pasta Primavera</b> OR <b>Ham and White Beans</b> Okra and Tomatoes Sliced Carrots Dinner Roll Fresh Fruit Milk Diet - Same	<b>5/12/2022</b> <b>Garlic Rosemary Chicken</b> OR <b>Turkey Breast with Gravy</b> Oven Roasted Potatoes Green Beans Multi-Grain Bread Fresh Fruit Milk Margarine Diet - Same	<b>5/13/2022</b> <b>Glazed Ham</b> OR <b>Pepper Beef Steak</b> Whipped Potatoes Broccoli with Cheese Wheat Bread Oatmeal Raisin Cookie Milk Margarine Diet - Graham Crackers
<b>5/16/2022</b> <b>Salisbury Beef</b> OR <b>Honey Mustard Chicken</b> Brown Gravy Buttermilk Potatoes Green Beans w/Tomato/Onion Wheat Bread Fresh Fruit Milk Margarine Diet - Same	<b>5/17/2022</b> <b>Sausage Pattv</b> OR <b>Cheese Omelet</b> Oven Roasted Potatoes Orange Juice Biscuit Hot Cinnamon Applesauce Milk Margarine Assorted Jelly Diet - Same	<b>5/18/2022</b> <b>Creamy Paprika Chicken</b> OR <b>Turkey Breast with Gravy</b> Macaroni and Cheese Garden Vegetables Multi-Grain Bread Fruited Gelatin Milk Margarine Diet - Fruited Gelatin	<b>5/19/2022</b> <b>Glazed Ham</b> OR <b>Baked Chicken</b> Succotash Glazed Carrots Wheat Bread Fresh Orange Milk Margarine Diet - Same	<b>5/20/2022</b> <b>Vegetable Lasagna</b> OR <b>Beef Spaghetti Casserole</b> Green Peas Whole Kernel Corn Texas Bread Sugar Cookie Milk Margarine Diet - Graham Crackers
<b>5/23/2022</b> <b>Swiss Steak</b> OR <b>Cranberry Dijon Chicken</b> Whipped Potatoes Mixed Vegetables Multi-Grain Bread Fresh Fruit Milk Margarine Diet - Same	<b>5/24/2022</b> <b>Baked Chicken</b> OR <b>Spanish Beef Pattv</b> Tomato Basil Sauce Baked Potato Broccoli Wheat Bread Strawberry Cake Milk Margarine Diet - Angel Food Cake	<b>5/25/2022</b> <b>Sausage with Onions &amp; Peppers</b> OR <b>Chicken with Onion &amp; Peppers</b> Oven Roasted Potatoes Sauerkraut Hot Dog Bun Fresh Banana Milk Diet - Same	<b>5/26/2022</b> <b>Ham, Broccoli, Rice Casserole</b> OR <b>Chicken Noodle Casserole</b> Cabbage Green Peas Wheat Bread Oatmeal Raisin Cookie Milk Margarine Diet - Vanilla Wafers	<b>5/27/2022</b> <b>~Memorial Day Meal~</b> <b>Cheeseburger</b> OR <b>BBQ Chicken Pattv</b> Oven Roasted Potatoes Garden Vegetables Hamburger Bun Birthday Cake Milk Diet - Angel Food Cake
<b>5/30/2022</b> <b>Closed for Holiday</b>	<b>5/31/2022</b> <b>BBQ Pork Rib Pattv</b> OR <b>Hamburger Pattv</b> Crispy Cubed Potatoes Whole Kernel Corn Hamburger Bun Fresh Orange Milk Diet - Same	Lunch 11:45-12:30 Monday-Friday Suggested Donation: \$2.50 for 60+ Under 60: \$5.62 Please reserve by noon the day before you want to have lunch 419-885-3913		